



SAN DIEGUITO RIVER VALLEY CONSERVANCY OUTREACH CALENDAR 2017

Saturday, May 6th (9:00am) Take it Outside California! Hike at Del Dios Gorge

SDRVC will be partnering with Rincon Consultants to host Day Out in Del Dios Gorge, a recreational hike along the San Dieguito River Park's Coast to Crest Trail at Del Dios Gorge on May 6 at 9:00 AM. This event is free. Hikers should meet at the Santa Fe Valley Staging Area. Directions will be provided upon registration.

Register at <https://form.jotform.com/71086296041152>

Saturday, May 13th (8:00am) ESP Alumni Hike in Santa Ysabel East

This hike is for the alumni of the [Exploring Our Sense of Place \(ESP\)](#) program who have a current membership to the SDRVC. To renew your membership online please visit the SDRVC website.

Please join us for a special ESP Alumni Back Trails Hike in the Santa Ysabel East Preserve in an area not usually open to the public. Enjoy discussions about the history, plants, and wildlife of the Preserve. The hike will start at the future location of the Visitors' Center and will follow the Coleman Toll Road. This hike will be held in conjunction with the San Diego River Park Foundation and the Volcan Mountain Foundation. These groups will be hiking in from different locations and will meet at the source of the San Diego and San Dieguito Rivers.

This is a moderate to strenuous hike that includes an elevation gain of 500 feet in multiple sections. The total hike distance is approximately 10 miles. Please dress in layers as the temperature will vary throughout the hike. Wear sturdy hiking shoes and leave your pets at home. Bring plenty of water and a snack for the trail. The exact meeting place will be provided after you register.

Register: <https://form.jotform.us/70657549979176>

Sunday, May 21st (10:00am) Yoga at the Birdwing Open Air Classroom

Join us for a coastal yoga sesh at the Birdwing Open Air Classroom at the San Dieguito Lagoon. All yoga levels welcome. Bring a mat. Instructor: Susan McCrea. Directions to Birdwing Open Air Classroom: From I-5, Take Via de la Valle exit and go east. Turn south on San Andres Drive and turn left into driveway to parking area. There is a short, easy hike to the Birdwing from the parking area.



Directions to Trail: Take the I-5 freeway to Via de la Valle. Go east on Via de la Valle, turn right on San Andres by California Bank and Trust at 2775 Via de la Valle. Park along San Andres, then access trail at kiosk, or go through Park gate and follow signs to park in the Staging Area.

Cost: Free. Donations gratefully accepted.

Sunday, June 4th (10:00am to 4:00pm) RB Alive!

Celebrate the North San Diego Business Chamber's 29th Annual RB Alive! Expo with a full day of entertainment and enjoyment. Visitors can partake of tasty treats, browse over 300 booths featuring arts and crafts, information from regional and local businesses, service clubs and religious organizations.

Several special interest areas are in store for the 35,000 expected visitors. The Kids Zone provides activities and games. The Cultural Center performs historical reenactments, and local organizations will share their art, culture, history and/or handiwork. Everyone will want to stop by to view the Classic Car Show!

Saturday, June 17th (9:00am) Lake Hodges Family Adventure – Kayak & Hike at Lake Hodges

The San Dieguito River Valley Conservancy invites you to a day of Family Adventure. Discover the natural resources and beauty of the Lake Hodges area from land and water.



The Conservancy will take you on a fun 1-mile round-trip hike and Outdoor Outreach will lead an hour kayak session on Lake Hodges. Sorry, we love our furry friends, but no dogs allowed at this event.

Cost: This event is \$15 per person. SPACE IS LIMITED TO 32 participants.

Register: <https://form.jotform.us/70926768784172>

Directions will be provided upon registration.

Sunday, June 18th (10:00am) Yoga at the Birdwing Open Air Classroom



Join us for a coastal yoga sesh at the Birdwing Open Air Classroom at the San Dieguito Lagoon. All yoga levels welcome. Bring a mat. Instructor: Susan McCrea. Directions to Birdwing Open Air Classroom: From I-5, Take Via de la Valle exit and go east. Turn south on San Andres Drive and turn left into driveway to parking area. There is a short, easy hike to the Birdwing from the parking area.

Directions to Trail: Take the I-5 freeway to Via de la Valle. Go east on Via de la Valle, turn right on San Andres by California Bank and Trust at 2775 Via de la Valle. Park along San Andres, then access trail at kiosk, or go through Park gate and follow signs to park in the Staging Area.

Cost: Free. Donations gratefully accepted.

Saturday, June 24th (9:00am) Hodges & Horses! SPACE IS LIMITED TO 30 PEOPLE.

The San Dieguito River Valley Conservancy invites you and your family to a fun 1-mile round-trip hike at Lake Hodges leading to the home of Julia Erickson and Tom McGrath, owners of Freedom song Ranch in Escondido.



Meet their beautiful horses, and one very special pony, Princess. Plenty of carrots to feed the horses. Exciting News! Two new foals, delivered just before our visit. We'll also explore a nature trail on the property. That exposes some of the important natural resources and beauty of the Lake Hodges area.

Sorry, we love our furry friends, but no dogs allowed on this hike. There are dogs to enjoy at the ranch. A couple are very rare! Come meet them!

Cost: Free. Donations gratefully accepted.

Register: <https://form.jotform.us/70806951334154>

Directions: Directions will be provided upon registration.

Saturday, July 15, 2017 (10:00 am) The Science of Flight

The San Dieguito River Valley Conservancy invites you to learn what it takes to live in the air! Meet one of Living Coast Discovery Center's raptor ambassadors up-close and discover how feathers, hollow bones, and specially shaped wings adapt birds for flight. This table is sure to inspire the naturalist in all your students!



Photo: [Aaron Chang](#)

After the presentation, SDRVC will lead you on an optional, easy, 2-mile round-trip hike around the San Dieguito Lagoon.

Cost: This event is FREE. SPACE IS LIMITED TO 50 PEOPLE.

Register: <https://form.jotform.us/70877547583169>

Directions: Directions will be provided upon registration.

Sunday, July 16, 2017 (7:00 pm) Sunset Yoga Live! SPACE IS LIMITED TO 50 PEOPLE)



The San Dieguito River Valley Conservancy invites you to join us for a special edition of our Yoga at the Birdwing Open Air Classroom - Sunset Yoga Live!

[Susan McCrea](#), our popular certified yoga instructor will be leading the class for an hour of yoga that is perfect for people at all levels of experience.

Yogis will be meditating, stretching, reflecting to live music played by Violinist, Violist Performer and Teacher, [Gregory Lawrence](#). Gregory is also the founder of the [Cabrillo Chamber Orchestra](#).



Cost: Conservancy Members FREE. \$20 for non-members.

SPACE IS LIMITED TO 50 PEOPLE.

Directions: Directions will be provided upon registration.

Register: <https://form.jotform.us/70857127627160>

Saturday, September 9, 2017; 1:00 pm Sky Hunters at the Birdwing Open Air Classroom

The San Dieguito River Valley Conservancy invites you to learn what it takes to live in the air! Meet Nancy Conney of Sky Hunters and some raptor ambassadors up-close.



Photo: [Aaron Chang](#)

After the presentation, SDRVC will lead you on an optional, easy, 2-mile round-trip hike around the San Dieguito Lagoon.

Cost: This event is FREE. SPACE IS LIMITED TO 50 PEOPLE.

Register: <https://form.jotform.us/70925780084158>

Directions: Directions will be provided upon registration.

10/28/17 – Radical Reptiles at Birdwing (SDRVC/Living Coast Discovery Center)



Crawl into the world of reptiles, with Living Coast Discovery Center's animal ambassadors. Learn about what all reptiles have in common. Look at snake skin up-close and compare the sizes of tortoises and sea turtles.

After the presentation, SDRVC will lead you on an optional, easy, 2-mile round-trip hike around the San Dieguito Lagoon.

Cost: This event is FREE. SPACE IS LIMITED TO 50 PEOPLE.

Register: <https://form.jotform.us/70881020911145>

Directions: Directions will be provided upon registration.

March 10, 2018, 10:00 am; Seashore Splash at the Birdwing (SDRVC/Living Coast Discovery Center)

Life is tough in the tidepools! With the guidance of Living Coast Discovery Center, children will discover some of the crazy ways tidepool animals are adapted for the rocky shores. With hands-on interaction, students will be able to touch, see, and discover what it takes to cling to a slippery home.

After the presentation, SDRVC will lead you on an optional, easy, 2-mile round-trip hike around the San Dieguito Lagoon.

Cost: This event is FREE. SPACE IS LIMITED TO 50 PEOPLE.

Register: <https://form.jotform.us/70880273883162>

Directions: Directions will be provided upon registration.